

## Draft for information only

Dear

### **Post Graduate Diploma in Mindfulness Based Core Process Psychotherapy 2020 Entry Course Information Letter**

Trainees undertaking the Professional Training Post Graduate Diploma in Mindfulness Based Core Process Psychotherapy are required to read this Course Information Letter, the Registration conditions and the Terms and Conditions. These documents govern the contract between you and the Karuna Institute.

In agreeing to undertake this course, you have decided this is the training you want to undertake and that you consider yourself supported enough in your everyday life, including internal resources, to commence. In considering this, please bear in mind that this training will demand your relational participation, offering a deep invitation for self-enquiry, responsiveness and challenge.

**Course fee: (first three years): £3,900 per year plus 1 x 5-day residential module per year (approximate cost : £395): Deposit: £1,400  
Year 4 (Clinical Year): £2,950 (\*approximate cost\*)**

**Course Dates:** (Saturdays and Sundays) Year 1:

#### **2021**

2-3 October; 6-7 November; 4-5 December

#### **2022**

8-9 Jan; 12 -13 Feb; 20 – 25 March (5 day residential at Karuna); 9-10 April; 14-15 May; 11-12 June; 9-10 July

**Format: Four years part-time as 9 x non-residential weekend (Saturday and Sunday) modules and one x 5 - day residential module each year.**

**Clinical Module & Pathway:** Cost will be current cost applicable at time of joining the Clinical Module.

The trainee can pay for the course in two ways: by either paying for the full course or the years fees in full. Please select which method you choose:

- (1) The whole course in full before 10 August 2021 or
- (2) This year's fees before 10 August 2021

Should these payment options prove difficult, please contact Ben Delfont, the Student Finance Co-ordinator.

Total Course Fees

£15,835 (three years @ £3900 per year, plus 3 x £395 (approx. TBA) residential module, plus £2950 (approx. cost of clinical year: TBA)

Year 1: Year's Fees     £3,900 (plus 1 x 5-day residential £395: £TBA)

Less Deposit:             £1,400

Balance of Yr 1 Fees:   £2,500 (plus £395 (£TBA)

Year 2:                     £3,900 (plus 1 x 5-day residential (£TBA)

Year 3:                     £3,900 (plus 1 x 5-day residential (£TBA)

You have a statutory right to cancel this Contract within 14 days without giving any reason. Further Information is set out in the Terms and Conditions and a model cancellation form is attached, although you do not have to use this form.

The following requirements may incur costs in addition to the Fees. By enrolling upon the course, you confirm that you are able to meet them.

1. Weekly personal therapy (a minimum of 160 hours to Graduate)
2. Supervision when in Clinical Practice: There is a minimum of 38 hours to graduate. (Should you choose to for forward to accredit with UKCP, there is a required minimum 100 hours supervision)
3. Clinical Contracts when not attending a taught year: this is an annual fee and is currently £500. Registration as a Data Controller currently £40. Per year. \*Both these fees are subject to change\*
4. Regular contemplative meditative practice
5. Books
6. Travel and potential travel costs incurred to do exchanges (12)
7. Application to Graduate
8. Application to Accredit
9. Insurance once in Professional Practice
10. Travel to Mental Health Familiarisation Placement

- 11. Travel to Clinical Placement
- 12. Supervisor's written reports

Please sign below and ask an independent adult person (not a member of your family, partner, civil partner or spouse) to witness your signature.

Yours faithfully

Sarah Delfont  
Administrator  
Pp Maura Sills  
Director  
On behalf of the Karuna Institute

This Contract is made between Karuna Teaching Limited and the Trainee who signs below.

I have read and agree to abide by the terms of this letter, the Course Conditions and the Terms and Conditions.

Signed by Trainee

Date:

Witnessed by (signature)

Witness Name: (IN BLOCK CAPITALS PLEASE)

Witness address: